



## **Psychologists applaud the NDP for commitment to improving child and youth mental health**

**Ottawa (September 16, 2015)** – The Canadian Psychological Association (CPA) applauds Tom Mulcair and the NDP for their commitment to establishing a \$100-million mental health innovation fund for children and youth and for bringing attention to the current lack of access to mental health services in Canada.

“CPA and its members have been calling on all governments to improve access to psychological services and to make effective health services and treatments accessible to those who need them for some time,” says Dr. Karen Cohen, CEO, CPA. “CPA is glad to hear this call has been heard.”

In reports commissioned and submitted to government, the CPA has noted that the majority of mental health conditions begin before young adulthood and that intervening early and effectively when it comes to mental health will yield the best outcomes for Canada and for Canadians.

“Canadians deserve access to effective mental health service on par with access to care for their physical health problems. They don’t have it currently. An innovation fund to improve care for children and youth is a good start,” added Dr. E. Kevin Kelloway, President, CPA.

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### **About the Canadian Psychological Association (CPA)**

The Canadian Psychological Association (CPA) is the national association for the science, practice and education of psychology in Canada. With over 7,000 members and affiliates, CPA is Canada's largest association for psychology. To find out more information go to [www.cpa.ca](http://www.cpa.ca).

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